

Cleaning checklist for the Year

Cleaning checklist for the Year	
Daily Cleaning	
Wipe kitchen counters	Pick up stray toys
Clean stove and oven after each use	Sweep floors (mop if very dirty)
Do 1 load of washing	Sweep carpets
Stain treat laundry	Wash dishes after each meal
Tidy bathrooms	Wash dish towels and cloths
Make beds	Put dirty washing in the washing basket
Wipe down baths and shower	Wipe down toilet seats and clean inside
Empty dustbins in rooms	Clean the kitchen sink
Weekly Cleaning	
Change towels 1 or 2 times a week	Clear out old food from fridge
Change bed linens 1 or 2 times a week	Clean dish drying racks
Vacuum carpets and baseboards	Clean kitchen cupboard doors
Clean outside of toilets	Clean baths, basins and showers properly
Vacuum couches especially under cushions	Dust mirrors, pictures and furniture
Clean out lint from tumble dryer	Mop floors 2 times per week
Clean the outside surfaces of appliances (dishwasher, washing machine, tumble dryer etc.)	Flush drains with boiling water
Wash door handles, mirrors and glass doors	Disinfect all indoor dustbins
Vacuum couches and chairs (if fabric) or polish leather	
Monthly cleaning	
Deep clean dishwasher	Wipe down all doors
Wipe down the inside of the fridge	Dust ceiling fans or air-conditioners
Wipe down the inside of all kitchen cupboards	Polish all wood furniture and wipe down metal furniture legs
Clean staircase banisters	Deep clean around bathroom taps and drains
Clean out the freezer	
Every 4 Months	
Damp dust skirting boards	Clean out pantry cupboards
Wash Windows (more often in rainy season)	Sort and match Tupperware and lids
Dust ceiling fans and clean air-conditioning units	Clean curtain railings
Move and vacuum behind and under the couches and beds	
Every 6 Months	
Wash walls	Clean light fittings and switches
Move appliances and clean under and behind them (e.g. Dishwasher, fridge etc.)	Wash or replace shower curtains
Clean the grouting in the kitchen and bathroom	
Yearly	
Deep clean carpets	Launder curtains